

American Psychological Association (APA) Style is commonly used for academic writing in the social sciences, health and human services disciplines. These guidelines are based on the 6<sup>th</sup> edition of the handbook, 2009. In general:

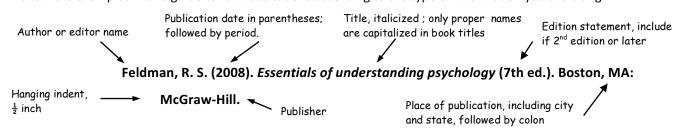
- Most citations include 4 key elements: (1) author's name, (2) publication date, (3) title or source, and
   (4) publishing information.
- Include the last name and first name initials only for authors.
- If there is no year of publication, use (n.d.) for no date.
- Italicize titles, and capitalize only the first word (of the title and subtitle) for article and book titles.
- Capitalize first letter of each word of a journal title.
- Follow elements with a period and one space.
- Double-space within and between each entry in the list of references.
- When DOIs (Digital Object Identifiers) are available, include them for both print and electronic sources.
   DOIs are unique codes assigned to documents to help locate them.
- For more help, refer to the Publication Manual of the American Psychological Association (at the Reference Desk) or the APA Style Web site (<u>http://www.apastyle.org</u>) or OWL – the Online Writing Lab (<u>https://owl.english.purdue.edu/owl/resource/560/01/</u>).
- Try <u>NoodleBib</u>, an online citation composing tool provided by the library (good for creating and organizing Reference lists).

 Books
 Encyclopedias
 Periodical Articles
 Web Sites
 Audiovisual Media

 In-Text Notes
 Formatting

## Anatomy of a Citation

Here is a citation for a book. Other types of materials require different elements, such as article title and issue date for periodicals, and DOI or retrieval information for Web-based resources. Follow the examples in this guide to format citations according to the type of information you are citing.



## Books

Book citations must include as much of the following information as is available. Look at the title page and the back of the title page for this information. The general form is:

# Author, A. A. (Year of publication). *Title of work: Capital letter of first word, also for first word in subtitle*. Location: Publisher.

As several of the following examples illustrate, sometimes other information is needed as well.

By a single author	Nisbett, R. E. (2009). Intelligence and how to get it: Why schools and cultures count.
	New York, NY: W.W. Norton.
Two or more authors	Beins, B. C., & Beins A. M. (2008). Effective writing in psychology: Papers, posters, and
	presentations. Malden, MA: Blackwell.
Unknown author, a translation	The Bible: A new translation (1954). (J. Moffatt, Trans.). New York, NY: Harper and Row
Collection produced by an editor	Gentile, B. F., & Miller, B. O. (Eds.). (2009). Foundations of psychological thought: A
	history of psychology. Los Angeles, CA: Sage.
Article or chapter in an edited book	Haybron, D. M. (2008). Religion and human flourishing. In M. Eid & R. J. Larsen (Eds.),
	The science of subjective well-being (pp. 323-346). New York, NY: Guilford Press
Electronic version of print book	Denmark, F. L., & Paludi, M. A. (2008). Psychology of women: Handbook of issues and
	theories. Westport, CT: Praeger. Retrieved from http://www.netlibrary.com

## Encyclopedias

Article in an encyclopedia	Bergmann, P. G. (1993). Relativity. In <i>The new encyclopedia Britannica</i> (Vol. 26, pp.
	501-508). Chicago, IL: Encyclopedia Britannica.
An entire reference work	VandenBos, G. R. (Ed.) (2007). APA dictionary of psychology. Washington, DC: America
	Psychological Association.
Entry in an online reference work	Schulte, O. (2002). Formal learning theory. In E.N. Zalta (Ed.), The Stanford
	encyclopedia of philosophy (Spring 2014 ed.). Retrieved from
	https://plato.stanford.edu/archives/spr2014/entries/learning-formal/
Entry in an online reference	Adult children of alcoholics. (2009). In P. Korsmeyer & H. R. Kranzler (Eds.),
database, no author	Encyclopedia of drugs, alcohol & addictive behavior (3rd ed., Vol.1, pp. 36-38).
	Detroit, MI: Macmillan Reference USA. Retrieved from http://go
	.galegroup.com.ezsccd.ctc.edu:2048/ps/start.do?p=GVRL&u=seat92874

## **Periodical Articles**

Article citations include the following information. The general form is:

## Author, A. A. (Year of publication). Title of article. *Periodical name, volume,* and page numbers. DOI if present

The 6<sup>th</sup> edition of the APA Publication Manual has a number of guidelines for citing periodical articles:

- Include the journal issue number and the volume number *only* if the journal is paginated separately by issue (e.g. each issue starts with page 1). Give the issue number in parentheses immediately after the volume number; do not italicize it. See the example under "Online magazine article, no DOI," below.
- Digital Object Identifier (DOI):
  - Include the DOI if one is assigned. When a citation includes a DOI, no further retrieval information is needed.
  - The DOI is typically located on the first page of the electronic journal article, near the copyright notice. DOIs can sometimes be found by searching <u>crossref.org</u>.
  - Do not put a period after a DOI or a URL.
- Some instructors require the URL. In that case:
  - Copy it from the browser address window and paste it into your document.
  - o Make sure the automatic hyphenation feature of your word processor is turned off.
  - $\circ$  ~ To break the URL across lines, do so before a punctuation mark.

ournal article from an online database	Skiba, D. J. (2009). Digital object identifiers: Are they important to me? <i>Nursing</i>
such as Academic Search Premier with DOI	Education Perspectives, 30, 394-395. doi:10.1016/j.lookout.2008.06.012
Journal article from an online database such as <i>Academic</i>	Kaplan, K. A., & Harvey, A. G. (2013). Behavioral treatment of insomnia in bipolar disorder. <i>The American Journal of Psychiatry, 170</i> , 716-720. Retrieved from
Search Premier, no DOI	http://www.ajp.psychiatryonline.org
Online magazine article, no DOI	Chamberlin, J., Novotney, A., Packard, E., & Price, M. (2008, May). Enhancing worker well-being: Occupational health psychologists convene to share their research on work, stress, and health. <i>Monitor on Psychology, 39</i> (5), 26-29. Retrieved from http://www.apa.org/monitor/
Newspaper article, no DOI	Schwartz, J. (1993, September 30). Obesity affects economic, social status. <i>The Washington Post</i> , pp. A1, A4.
Anonymous Article	Keeping mental health promotion alive. (2010, January). <i>Perspectives in Psychiatric Care, 46</i> , 1-2. doi:10.1111/j.1744-6163.2009.00241.x

#### Periodical Articles, cont.

Book or Movie Review from an online database such	Brinkman, B., & Brinegar, M. (2010). Tackling violence on college campuses. [Review of the book Understanding and preventing campus violence, by M. A. Paludi].
as Academic Search Premier, no DOI	Psychology of Women Quarterly, 34, 132-133. doi:10.1111/j.1471-
	6402.2009.01552.x
Journal article, more than seven authors:	Gilbert, D. G., McClernon, J. F., Rabinovich, N. E., Sugai, C., Plath, L. C., Asgaard, G.,
list first 6 authors, followed by a comma	Botros, N. (2014). Smoking effects on EEG activation. Nicotine and Tobacco
and ellipses, and last author, with DOI	Research, 6, 249-267. doi:10.1080/19622201410001676205
Magazine article in print	Kluger, J. (2008, January 28). Why we love. <i>Time</i> , 171(4), 54-60.
Newspaper article, multiple authors,	Delaney, K. J., Karnitschnig, M., & Guth, R. A. (2008, May 5). Microsoft ends pursuit of
discontinuous pages, in print	Yahoo, reassesses its online options. The Wall Street Journal, pp. A1, A12.
Article from an Internet-only journal; if no DOI, use URL and retrieval statement	Hirtle, P. B. (2008, July-August). Copyright renewal, copyright restoration, and the
	difficulty of determining copyright status. <i>D-Lib Magazine</i> , 14(7/8).
	doi:10.1045/july2008-hirtle

## Web Sites

See other sections of this document for non-print resources such as e-books, web-based videos, etc.

In general, list as much of the following information as possible:

#### Author, A. A., & Author, B. B. (Date of publication). Title of document. Retrieved from http://Web

#### address

- Include author (if known), title of the work, the date (month and day if possible) the document was created, organization sponsoring the site (if applicable), and a retrieval statement.
- Include URL when the reader can't locate the source without it or when your instructor requires it. Use the phrase "Retrieved from..." as seen below; you don't need to include the date you accessed the site.

Government web site	National Renewable Energy Laboratory. (2008). <i>Biofuels basics</i> . Retrieved from http://www.nrel.gov/learning/re_biofuels.html
Federal publication on a government web site	U.S. Department of Health and Human Services, National Institutes of Health, National Heart, Lung, and Blood Institute. (2003). <i>Managing asthma: A guide for schools</i> [NIH Publication No. 02-2650]. Retrieved from http://www.nhlbi.nih.gov/health/prof/lung/asthma/ashth_sch.pdf

Professional organization's	American Psychological Association. (2010, June 1). Ethical principles of psychologists
web site	and code of conduct. Retrieved from http://www.apa.org/ethics/code.html
Web page or section from a web site,	ReWA. (n.d.). Success stories: Empowerment and independence. Retrieved from
no date	http://www.rewa.org/our-impact/success-stories/

## Videos, Interviews, Broadcasts, and Other Non-Print Sources

This section includes media objects such as maps, artwork, moving images or audio materials. For video and music resources, list the first executive producer and first director as the responsible parties. If credits for director and producer are not available, provide the name of the individual or organization most responsible.

Bender, L. (Producer), & Guggenheim, D. (Director). (2006). An inconvenient truth
[DVD]. United States: Paramount Home Entertainment.
Streets of plenty: Inside the world of the homeless (2010). [Video file]. In Films On
Demand. Retrieved from http://digital.films.com.ez.sccd.ctc.edu:2060
/PortalPlaylists.aspx?aid=34711&xtid=43701
Davis, M. (1989). Birth of the cool [CD]. Hollywood, CA: Capitol Jazz.
Winslow, L. (Executive Producer). (2005, August 1). Newshour [Television broadcast].
Washington, D. C.: PBS.
Cowboys herding cats (2006, October 31). [Video file]. Video posted to
http://www.youtube.com/watch?v=Pk7yqlTMvp8
(E. Robbins, personal communication, January 4, 2010).
Personal interviews are not included in the Reference list; simply use this citation format in the text of the paper.
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## **APA Style In-Text Citations**

When you quote someone or use another's ideas, you must list the specific source of the quote in the text of your paper.

- Include the author's last name and publication date.
- If there is no author to cite, cite in text the first few words of the reference list entry (usually the title), using double quotation marks.
- A complete reference should appear in the References list at the end of the paper, except for personal communication, such as a letter or interview, or references to classical texts such as the Qur'an or the Bible.
- Direct quotations longer than 40 words should go in a free-standing block of text without quotations.

The author's last name and year of publication for the source should appear in the text (see examples below). When paraphrasing an idea from another work, you only have to refer to the author and year of publication in your in-text reference. APA guidelines encourage you to provide the page number, though it is not required. If you are directly quoting a work, include the author, year of publication, and the page number for the reference.

## For the following citation:

## Howard, J. (2009). Anger over style guide's errors prompts publisher to offer replacements.

## Chronicle of Higher Education, 56(11), A10.

### **Examples:**

Paraphrase	Howard (2009) compared the updated style guide
	In a recent study of style guide updates (Howard, 2009),
Quote	She stated, "There was disquiet about the number of errors in the book," but she did not offer an explanation as to why they occurred (Howard, 2009, p. A10).
	According to Howard (2009), "There was disquiet about the number of errors in the book" (p. A10).
Other Examples:	
For citations with no author	A similar study was done of students learning to format research papers ("Using APA," 2001).
No author & no date	In another study of students and research decisions, it was discovered that students succeeded with tutoring ("Tutoring and APA," n.d.).

#### **Citing Indirect Sources**

When you are reading an article and the author quotes or refers to another article, this is an indirect source.

- 1. Cite the source you have in your hand or computer (the secondary source) in your *References* list.
- 2. Also put the secondary source in your parenthetical citation, preceded by the words "as cited in."
- 3. Name the source your source cited (the original source) in your sentence.

In the following example, Critser is the source in your hand (the secondary source and the one in your *References* list) and Satcher is the original source.

Former Surgeon General Dr. David Satcher described "a nation of ..." (as cited in Critser, 2003, p. 4).

See section 6.03 (p. 170) of the *Publication Manual of the American Psychological Association*, 6th edition, for more on quoting and paraphrasing.

## FORMATTING CITATIONS in MICROSOFT WORD

#### To format hanging indentation

- 1. Highlight the entire citation, then right click and select *Paragraph*. Choose the *Indents and Spacing* tab.
- 2. In the *Indentation* section, find the *Special* list, and select *Hanging*.
- 3. In the *By* box, set the amount of space for the hanging indent (.5" is the default, and appropriate here).

#### To remove underlining for web addresses or hyperlinks

1. Right click on the URL and select *Remove Hyperlink*.

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